

WHY ALLIED?

More than a physical therapy practice, Allied is a complete Wellness Community – supporting your lifelong wellness journey – Body, Mind and Spirit.

From the refreshments in the waiting room to a mint on your pillow, our wonderful staff will go the extra mile to make your experience at Allied one you'll never forget.

JUST ASK OUR GUESTS!



This is the most caring place to have physical therapy. I've come a long way to reach my journey with the help of all the therapists. All I can say is "Thank you," to everyone who helped me get back up on my feet. Much love for everyone. ❤️❤️❤️❤️👍👍

~Charlotte Walker



I had a great experience under the care of Dr. Matthew Harkness at Allied PT. I was referred there to see Dr. Harkness by my dentist for care and treatment of a TMJ (jaw) disorder. Dr. Harkness confirmed the problem and over a few weeks, my pain was greatly reduced under his care. I continue doing the exercises he provided.

~David Barnes



From the receptionist's desk to the therapy suite, everyone is friendly, helpful and thoroughly professional. My issue was urinary incontinence following prostate surgery. My therapeutic regimen allowed me to regain full control and to live a normal healthy life. I made many friends at Allied and I unhesitatingly recommend them.

~William Copeland

LEARN MORE

Allied Physical Therapy is family-owned and locally grown! We have been helping our Southwest Florida neighbors get back to what they love for more than 15 years. Visit our website to learn more about the Allied family team!

CONVENIENTLY LOCATED



1469 SW 4th Terrace • Cape Coral, FL 33991

Near the intersection of Pine Island Road and Chiquita Blvd. In Cape Coral

CONTACT INFORMATION

Phone: 239.242.0070

Fax: 239.242.0076

Email: info@alliedpt.com



alliedpt.com

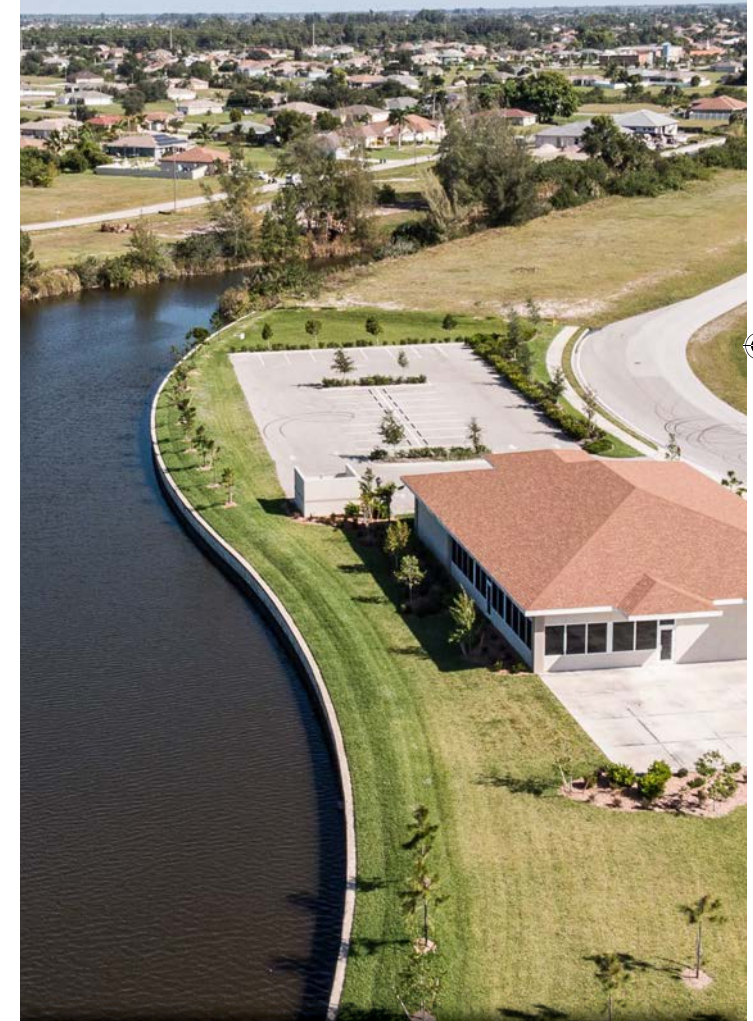
Se Habla Español



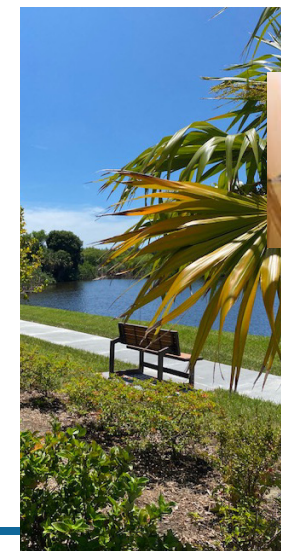
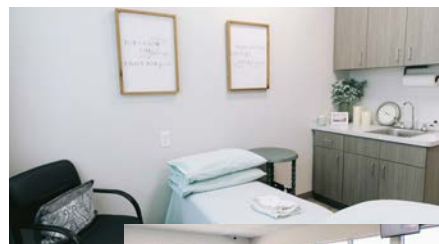
ALLIED
Physical Therapy
WELLNESS COMMUNITY™

Get Back to What You Love!

BODY, MIND & SPIRIT



alliedpt.com • (239) 242-0070



Allied Physical Therapy Wellness Community™ is so much more than a physical therapy provider. Our complementary services intersect with our physical therapy expertise to empower YOU to get back to what you love!

What differentiates us is our comprehensive approach to wellness – body, mind, and spirit.

WELLNESS SERVICES

- Guide Shop
- Essential oils
- Dry needling
- Nutrition coaching
- Group fitness classes
- Personalized fitness training
- *Monthly Wellness Connection: Wellness Seminars*



YOUR PHYSICAL THERAPY EXPERTS

Whether you are recovering from surgery, injury, or trying to strengthen weakened muscles, Allied Physical Therapy Wellness Community has knowledgeable, experienced therapists who are eager to help you get back to what you love – without drugs and without surgery.

ORTHOPEDIC

- ✓ Spine
- ✓ Shoulder
- ✓ Knee
- ✓ Ankle
- ✓ Elbow
- ✓ Hands
- ✓ Balance
- ✓ Fall Prevention
- ✓ Vertigo
- ✓ Neurological System

PELVIC FLOOR

- ✓ Urinary Incontinence
- ✓ Fecal Incontinence
- ✓ Pelvic Pain
- ✓ Rectal Pain
- ✓ Constipation
- ✓ Pregnancy
- ✓ Post-Partum
- ✓ Sexual Dysfunction

HEAD NECK & JAW

- ✓ Headache
- ✓ Migraine
- ✓ Jaw Pain
- ✓ Jaw Clicking
- ✓ Jaw Locking
- ✓ Neck Pain
- ✓ Stiff Neck
- ✓ Dental Pain